

## Trinity Training Consultants Inc.

### A.H.A BLS for Healthcare Providers Full Course Agenda

Lesson	Course Event	Time Estimate (in minutes)
HCP1	Course Introduction	5
HCP2	Course Overview and <i>2010 AHA Guidelines for CPR and ECC Science Update</i>	12
HCP3	BLS/CPR Basics for Adults	1
HCP4	1-Rescuer CPR with AED Demo	1
HCP5	Assessment and Scene Safety	1
HCP6	Chest Compressions for Adult Victims	8
HCP7	Airway and breathing	6
HCP8	Adult compressions and breaths practice	8
HCP9	1-Rescuer Adult BLS Practice Session	12
HCP10	Breaths with bag-mask for adult victims	12
HCP11	2-rescuer adult BLS/team CPR sequence	3
HCP12	Defibrillation: AED introduction and use	3
HCP13	AED special situations and safety	2
HCP14	Using the AED trainer	4
HCP15	1 and 2 rescuer adult BLS with AED practice session	25
HCP16	Introduction to child BLS/CPR	2
HCP17	Chest compressions for child victims	5
HCP18	Introduction to infant BLS/CPR	3
HCP19	1 and 2 rescuer infant BLS/CPR demo	3
HCP20	2-finger chest compressions for infant victims	7
HCP21	Breaths with bag-mask for infant victims	4
HCP22	2 rescuer infant CPR/2 thumb-encircling hands chest compressions for infant victims	7
HCP23	1 and 2 rescuer infant BLS/CPR practice session	11
HCP24	AED for infants and children from 1 to 8 years of age	2

HCP25	CPR with an advanced airway	1
HCP26	Rescue breathing	4
HCP27	Mouth-to-mouth breaths for victims 1 year of age and older	1
HCP28	Adult/child choking (responsive)	2
HCP29	Adult/child choking (unresponsive)	1
HCP30	Infant choking (responsive)	6
HCP31	Infant choking (unresponsive)	1
HCP32	Course summary and closure	1
HCP33	Written test	25
HCP34	1 and 2 rescuer adult BLS with AED skills test	30
HCP35	1 and 2 rescuer infant BLS skills test	30
HCP36	Remediation	Variable