

## BLS for Healthcare Providers Renewal Agenda

Discussion: Introduction	5 min
Video: Renewal Course	1 min
Discussion: Cleaning the manikin	4 min
Video: Compressions and Breaths (PWW)	5 min
Video: 1 Rescuer CPR Demo	2 min
Video: Child CPR	3 min
Video: Adult Rescue Breaths w/ BVM (PWW)	7 min
Video: 2 Rescuer CPR Demo	2 min
Video: AED Introduction and AED Use	2 min
Discussion: Using the AED Trainer	5 min
Video: 2 Rescuer CPR w/ AED Demo	5 min
Video, Practice and Testing 2 rescuer CPR w/AED	15 min
Video: AED Special Situations and Safety	3 min
Video: Advanced Airway and 2 rescuer CPR	2 min
Video and Practice: Adv. Airway & 2 rescuer CPR	8 min
Video: Intro Infant CPR	2 min
Video & Practice: Infant 1 rescuer CPR	8 min
Video: Infant Rescue Breathing w/ BVM (PWW)	5 min
Video: 2 rescuer Infant CPR Demo	2 min
Video & Testing: 1 & 2 Rescuer Infant CPR	15 min
Video & Practice: Adult/Child Choking (responsive)	3 min
Video: Adult/Child Choking (Unresponsive)	1 min
Video: Infant Choking (responsive) (PWW)	6 min
Video: Infant Choking (Unresponsive)	1 min
Video: Special Considerations	7 min
Course Summary and Closure	1 min
Written Test	25 min
Adult/Child 1 Rescuer CPR Skills Testing	25 min
Remediation	

## BLS/HCP Summary

Maneuver	Adult Lay Rescuer: >8 years HCP: Adolescent >	Child 1 to 8 years HCP : 1yr to adolescent	Infant Under 1 year
<p><b>ACTIVATE</b></p> <p>Emergency Response</p> <p>Number (one rescuer)</p>	<p>Activate when victim found unresponsive</p> <p>HCP: If asphyxial arrest likely, call after 5 cycles <b>(2 min) CPR</b></p>	<p>Activate after performing 5 cycles of CPR</p> <p>For sudden, witnessed collapse activate after verifying that victim unresponsive</p>	<p>ictim unresponsive</p>
<b>Airway</b>	Head tilt-chin lift	Head tilt-chin lift	
<b>Breaths</b>			
Initial	2 Breaths @ 1 sec/breath	2 effective breaths at 1 second/breath	
<b>HCP: Rescue Breathing</b> without chest compressions	10 to 12 breaths/min  (approximately 1 breath every 5 to 6 seconds)	12 to 20 breaths/min  (approximately 1 breath every 3 to 5 seconds)	
<b>HCP: Rescue breaths</b> for CPR with advanced airway	8 to 10 breaths/min (approximately 1 breath every 6 to 8 seconds)		
<b>Foreign-body airway obstruction</b>	Abdominal thrusts		Back slaps & Chest thrusts
<b>CIRCULATION</b> <b>HCP: Pulse Check</b> (<10 sec)	Carotid  (HCP can use femoral in child)		Brachial or  Femoral
Compressions landmarks	In the center of the chest between the nipples		Just below nipple line
Compressions method Push hard and fast allow complete recoil	<b>2 Hands:</b> Heel of 1 hand second hand on top	<b>2 Hands:</b> Heel of 1 hand with second on top or <b>1 Hand:</b> Heel of 1 hand only	1 rescuer: 2 fingers HCP; 2 rescuers 2 thumb-encircling hands
Compression depth	1 1/2 to 2 inches	About 1/3 to 1/2 the depth of the chest	
Compression rate	Approximately 100/min		
Compression-ventilation ratio	30 to 2 (1 or 2 rescuers)	30 to 2 (single rescuer) <b>HCP: 15 to 2 (2 rescuers)</b>	
<b>Defibrillation</b>			
<b>AED</b>	Use adult pads. Do not use child pads/child system. <b>HCP:</b> For-out-of-hospital respnse may provide 5 cycles/2 minutes of CPR before shock if response >4 to 5 minutes and arrest not witnessed	<b>HCP:</b> Use AED as soon as available for sudden collapse and in-hospital <b>All:</b> After 5 cycles of CPR (out-of-hospital). Use child pads/system for child 1 to 8 years if available. If child pads/system not available, use adult AED and pads	Not recommended for infants <1yr of age

## Safety Precautions in CPR Courses

**The Course for which you are enrolled may include physical strain, possibility of cross-infection, and emotional stress. If your physician has recommended that you avoid strenuous activity or limit your activity in any way, you need to realize that CPR is hard work! This is true both when you practice on a manikin and when you perform CPR on a Cardiac Arrest Victim**

**If you have a medical or coronary history that may be aggravated by this course, consult your physician about your ability to participate in such a course.**

**If you have reservations about being able to perform CPR on a cardiac arrest victim, you should consider this before beginning this course.**

**If you have any type of infectious disease, including upper respiratory infection or open sores on your hands, mouth, or face, it is imperative to defer manikin practice until you are well, unless special arrangements are made.**

### **Good Samaritan Act (FS 768.13)**

**“Any person, including those licensed to practice medicine, who gratuitously and in good faith renders emergency care or treatment at the scene of an emergency outside a hospital, doctor’s office, or other place having proper medical equipment, without objection of the injured victim or victims thereof, shall not be held liable for any civil damages as a result of any act or failure to act in providing or arranging further medical treatment where the person acts as an ordinary, reasonable prudent man would have acted under the same or similar circumstances.”**

TTC/AHA

# Course Evaluation - Summary

Instructions: AHA is asking Each Training Center to document the responses that we receive from all of the AHA Courses.

You are **required** to **fill out this summary and turn it in** along with the course roster after each class.

Date of Course: \_\_\_\_\_ Name of Course: \_\_\_\_\_

Course Director/Lead Instructor: \_\_\_\_\_

Name of Training Center: **ORMC** \_\_\_\_\_ Name of Training Site: **TTC** \_\_\_\_\_

Use the following scale to rate your answers:

Strongly Disagree      Disagree      Neutral      Agree      Agree Strongly      Not Applicable  
 1                                  2                                  3                                  4                                  5                                  0

		0	1	2	3	4	5	Comments
1.	The program met its stated objectives.							
2.	Overall this course met my expectations							
3.	The program content was relevant to my work and extended my knowledge							
4.	There was an adequate supply of equipment that was clean and in good working order							
5.	The method of presentation enhanced my learning experience							
6.	The audiovisual materials enhanced the presentation							
7.	The program resource materials were useful.							
8.	Course materials, including AHA textbook, were provided							
9.	The classroom environment was conducive to learning							
10.	There were adequate and appropriate physical facilities for this course.							
11.	I would recommend this course to my colleagues							
12.	The program was presented at an appropriate pace conducive to learning.							
13.	Instructors presented the material with knowledge and clarity.							
14.	Instructors provided adequate and helpful feedback.							



Trinity Training & Consulting Inc.  
American Heart Association

Healthcare Provider Course

Test booklet # \_\_\_\_\_

Name: \_\_\_\_\_

Date: \_\_\_\_\_

Written Evaluation

Skills Check off

- 1. A. B. C. D.
- 2. A. B. C. D.
- 3. A. B. C. D.
- 4. A. B. C. D.
- 5. A. B. C. D.
- 6. A. B. C. D.
- 7. A. B. C. D.
- 8. A. B. C. D.
- 9. A. B. C. D.
- 10. A. B. C. D.
- 11. A. B. C. D.
- 12. A. B. C. D.
- 13. A. B. C. D.
- 14. A. B. C. D.
- 15. A. B. C. D.
- 16. A. B. C. D.
- 17. A. B. C. D.
- 18. A. B. C. D.
- 19. A. B. C. D.
- 20. A. B. C. D.

Adult/Child 1 rescuer CPR Test      Pass   Fail

Checked off By \_\_\_\_\_

Adult 2 Rescuer CPR with AED      Pass   Fail

Checked off By \_\_\_\_\_

Infant 1 and 2 Rescuer CPR      Pass   Fail

Checked off By \_\_\_\_\_